

# Regain Healthy Digestion with

## Bowel Restore

Warning Signs  
Your Body Needs a  
Bowel Cleanse\*



- › Constipation or Diarrhea
- › 1 or Less Bowel Movements Per Day
- › Inflammation
- › Hemorrhoids/Fissures
- › Leaky Gut
- › Food Sensitivities & Allergies
- › Skin Problems/Rashes
- › Immune System Disorders
- › Bad Breath Body Odor
- › Parasites
- › Abdominal Cramps & Bloating
- › Toe & Finger Nail Fungus
- › Bladder or Kidney Infections
- › Thrush/Candida Symptoms
- › Auto-Immune Disorders

### Certified Organic & Wildcrafted# Ingredients

Psyllium Husk, Black Walnut Hulls, Hibiscus Sabdariffa, Liquorice Root, Horsetail, Rosehip, Oat Straw, Slippery Elm Bark, Cascara Root, Marshmallow Root, Cinnamon Verum Bark, Irish Moss, Yucca Root, Turkish Rhubarb (Rhuem Palmatum), Chlorella Vulgaris, Tumeric Rhizome, Bladderwrack, Astragalus Membraneus Root, Ashwagandha Root, Meadowsweet, Barberry Bark, Dandelion Root, Aloe Ferox, Wormwood, Skullcap (Scutellaria Lateriflora), Mullein Leaf, Violet Leaf, Paw Paw Leaf, Witchhazel#, Clove Bud. (Natural Flavour & Organic Sweetener-Thaumatococcus (Katemfe fruit) added to the Wildberry Variety)

For More Information

# Bowel Restore quickly targets:

- > Leaky Gut & IBS\*
- > Inflammation\*
- > Digestive tract issues\*
- > Food sensitivities\*
- > Parasite & toxin elimination\*
- > Fungus overgrowth\*
- > Healthy mind & skin\*
- > Promotes sleep & greater energy\*
- > Weight Loss\*

Bowel Restore contains a balance of nutrient dense herbs rich in prebiotic fiber, vitamins, minerals, antioxidants, enzymes, demulcent and adaptogenic herbs.

Excellent source of fiber (47% DV), Iron (36% DV) and Calcium (13% DV).

Bowel Restore contains no preservatives, colors and uses only 100% GMO Free Certified Organic and Wildcrafted herbs.

Normalises healthy stools, supports anal fissure and haemorrhoid healing times and aids the elimination of large amounts of impacted faeces, mucoid plaque, parasites, fat and mucus\*

Promotes healthy skin by removing toxins\*

## Serving Suggestion:

Serving scoop included in pack (.35oz = 1 level tablespoon)

Best taken 10-30 minutes prior to each meal.

Mix 2 level scoops of Bowel Restore (one scoop for children under 12) in 11-14 Fl.oz. of water in a shaker bottle once or twice daily.

Secure lid and shake vigorously for 10-15 seconds.

Drink down immediately. If left for a short period after shaking product will thicken.

## Suggested Cleanse Program:

### Adults

Week 1 : Take 2 scoops prior to breakfast.

Weeks 2-4 : Take 2 scoops twice daily prior to breakfast and dinner

Weeks 5-8 : Take 2 scoops prior to breakfast.

Week9+ : Following this reduce to 2 scoops prior to breakfast every 2nd, 3rd, 4th day or as required. Switch to Bowel Maintenance for long term every day use.

Actual cleanse and maintenance programs will vary dependent upon the individual, individual's condition, overall health, diet, fiber intake, lifestyle choices and other factors. Always listen to your body and follow a protocol that works for you.

Note: Some herbs within this formula are not recommended for pregnant women or people taking prescription medication seek medical advice prior to taking this product. Product may contain nuts.

**Qenda batch tests it's ingredients and products for safety and to ensure purity from GMO's, herbicides, pesticides, fungicides, heavy metals, pathogenic molds, yeasts, fungus and unwanted bacteria.**

**All Qenda products are manufactured in Australia in a clean, chemical free, HACCP certified facility to the highest quality and standards.**

\*The statements made in this brochure have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent disease. The information contained in this brochure is for informational purposes only and is not a substitute for medical advice provided by your doctor or physician. Results will differ for each individual depending upon health factors, lifestyle, physical condition & other factors.

