MORE ABOUT THE INGREDIENTS IN GOLDEN JOINTS:

- Whole turmeric powder is blended with rosehips, ginger and black pepper to increase absorption of the beneficial, minimum 6 % curcumin, in the ayurvedic tradition.
- Turmeric works on multiple pathways in the body.
- Turmeric rosehips & Ginger each have powerful natural anti-inflammatory and antioxidant properties.
- Turmeric also has anti-cancer properties, supports liver detoxification and supports cardiac health.
- Rosehip powder also is High in Vitamin C and Bioflavonoids, with Quercetin.
- Ginger is also for digestive health, reducing bloating and gas, assists blood sugar balance and reduces bad bacteria.
- Black Pepper is high in piperine which helps absorption of nutrients such as curcumin.
- Clinical trials in both humans and animals have shown rosehip powder is able to reduce serum C- reactive protein (cRP) and creatin levels as well as improve pain and joint movement in osteoarthritis.
- Rosehips have also been shown to reduce blood glucose levels and inhibit weight gain