FRANKIE & ROSE

YOU'LL FEEL LIKE DANCING

- ✓ Reduce Inflammation
- ✓ Reduce Pain
- ✓ In Auto Immune Conditions
- ✓ Reduce Anxiety
- ✓ Improve Mental Performance
- ✓ Heart Health
- Skin Conditions ✓
- Improve Digestion ✓
- Liver Support ✓
- Blood Sugar Balance ✓
- Improve Circulation ✓
- Immune Support ✓

500g and 250g

Healing Naturally WA

Healing Naturally WA
4 Marion Street
Mount Barker WA 6324
www.healingnaturallywa.com.au
Find us on Facebook and Instagram too
Mob: 0418 945 102

Healing Naturally WA

FRANKIE & ROSE

YOU'LL FEEL LIKE DANCING

Reduce Inflammation Naturally with our Premium Frankincense Blend

LET YOUR FOOD BE YOUR MEDICINE

100% CERTIFIED ORGANIC INGREDIENTS:

Frankincense, St Mary's Thistle*, Rosehips*
Ashwagandha*, Mesquite*, Lucuma*.

• Indicates Certified Organic Ingredients.

DOSE RATE:

Adults 70kg : 10g or roughly 2 heaped teaspoons twice per day
Children (30kg) : 5g (1 heaped teaspoon) twice per day

DIRECTIONS FOR USE

CREATE A COMFORTING HOT DRINK:

Put 1 cup of near boiling hot water into your blender, add 1 teaspoon of Frankie & Rose, add coconut cream or your favourite milk and if required, sweeten with a little honey or for a zero calorie option, sweeten with Monk Fruit, blend briefly, pour into your favourite mug, sprinkle a little cinnamon on top. Enjoy!

CREATE A DELICIOUS ICED TEA:

Put 1/8 cup of near boiling hot water into your blender, add 1 teaspoon of Frankie & Rose, blend briefly, add almond milk or your favourite milk, a few ice cubes and if required, sweeten with a little honey or for a zero calorie option, sweeten with Monk Fruit, blend again, pour into your favourite tall glass, sprinkle a little cinnamon on top. Enjoy!

- ✔ Add to your favourite smoothie blends
- ✔ Stir into yoghurt
- ✔ Incorporate into your baking; muffins, cookies, slices, bliss balls
- ✔ For a super inflammation reducing option, combine with our GoldnZing.

Healing Naturally WA
4 Marion Street
Mount Barker WA 6324
www.healingnaturallywa.com.au
Find us on Facebook and Instagram too

MADE WITH CERTIFIED ORGANIC INGREDIENTS